

## Sunday'SCool - Life/Health/Growth Signs Overview

**Student Background:** Designed for un-churched elementary school aged children with little or no experience with the church or the bible.

**Length:** 12 Sessions (Includes an opening and closing session with 10 lesson based sessions)

**Possible Uses:** Summer Camp Program, Vacation Bible School, Day Camp, Kid's Club, Mid-week Sunday School program (supplementary to the Sunday'SCool program).

### **Lesson Structure:**

- Invitation – Activity designed to introduce the session topic and to prepare the children for the bible story. Activities include: games, object lessons, songs, obstacle course, and arts and crafts.
- Journey – interactive presentation of Bible Story/Biblical Content
- Discovery – application/understanding of the biblical content ('making the abstract concrete!')
- Challenge – direct application of content to the children's lives.
- Closing – conclusion of the lesson. Activities include: singing, prayer, memory verse, arts and crafts, take-home activity.

### **Advantages:**

- Each lesson is presented in an easy to understand format with clear goals and objectives including the biblical background and lessons content/application for the leaders.
- A list of all resources is prepared for each session. The resources include easily accessible items with the majority of the resources (reproducible) included with each session.
- Memory/key verse and songs for each session
- Follow up and reinforcement activities included for each session including possible crafts activities, field trips, games, snacks, songs, memory/key verse activities.
- Each program comes with a poster pack that is linked with each session goal.
- The Closing session of each program is devoted a time of celebration and demonstration of the session content. Gives the children an opportunity to demonstrate understanding of the programs content in a fun/creative way. Carnival Stations include: key verse, sand, clay writing, storybook, sticker, Lego, doll, rhythm, collage, music.

### **Additional Resources:**

- Sunday'SCool songs CD and Songbook \$12.95 - Available from Trade and Dudens (Ph: 1800 334 4431 or [www.dudens.com](http://www.dudens.com))
- Sunday'SCool Bible - Available from Trade and Dudens (Ph: 1800 334 4431 or [www.dudens.com](http://www.dudens.com))
- Videos – *Animated Stories From the Bible*, *Animated Stories from the New Testament* – Available from NEST Entertainment Ph: 1800 488 9600 or [www.nestfamily.com](http://www.nestfamily.com)

| Name             | Life Signs   | Health Signs  | Growth Signs  |
|------------------|--|---|---|
| Theme            | Journey to the Promised Land:<br>'10 Commandments'   | Forever Fit:<br>'The Beatitudes'  | More and More Like Jesus<br>'Fruits of the Spirit'  |
| Aim              | To get children acquainted with God's Laws and the lawgiver Himself!   | To help the children understand what it means to have a healthy soul.   | To help the children understand what it means to live Jesus' way and to equip them for discipleship and service as they develop the fruits of the Spirit in their lives.  |
| Content          | <ul style="list-style-type: none"> <li>Opening: <b>Light walkers</b> -'God's Word Shows us the Right Way to Live' – Exodus 1 – 20, Numbers 13 - 14</li> <li>Session 1: <b>'Put God First'</b> – God asks and Abe acts – Genesis 22:1 – 18, Exodus 20:3</li> <li>Session 2: <b>'Don't Worship Things'</b> – The Poor and Rich Farmer – Exodus 92, Luke 12:16 – 21, Exodus 20:4 – 5.</li> <li>Session 3: <b>'Don't Misuse God's Name'</b> – What's in a Name? – Acts 3:1 – 12, 16; 19:11-17; Exodus 20:7</li> <li>Session 4: <b>'Keep God's Day Holy'</b> – Take it Easy – Genesis 1:1 – 2:3, Exodus 20:8 - 11</li> <li>Session 5: <b>'Honor Your Parents'</b> – Parental Consent – Luke 2:41 – 52; Exodus 20:12</li> <li>Session 6: <b>'Don't Kill'</b> – His Brother's (Keeper) Killer – Genesis 4:1 – 12, Exodus 20:13</li> <li>Session 7: <b>'Be Faithful'</b> – Stick Together – Acts 18:1 – 4, 18 – 19, 24 – 28; Exodus 20:14</li> <li>Session 8: <b>'Don't Steal'</b> – The Foot-Washer and the Fool – John 12:1 - ; Exodus 20:15</li> <li>Session 9: <b>'Speak the Truth'</b> – Truth and Consequences – 1 Samuel 1:1 – 28, 2:18 – 21; Exodus 20:16.</li> <li>Session 10: <b>'Don't Be Jealous'</b> – Just Deserts – Matthew 20:1 – 15; Exodus 20:17</li> <li>Closing: <b>Looking Back, Looking Forward</b> – Joshua 3 – 4.</li> </ul> | <ul style="list-style-type: none"> <li>Opening: <b>Strength in Weakness</b> – Jesus offers rest and strength – Matthew 11:20 – 30</li> <li>Session 1: <b>Seeing Clearly</b> – A Pharisee and a Tax Collector pray – Luke 18:9 – 14, Matthew 5:3</li> <li>Session 2: <b>Cheer Up!</b> – The Disciples' sadness turns to joy – John 16:16 – 22, 20:19 – 21; Matthew 5:4</li> <li>Session 3: <b>Who's The Best?</b> Jesus models servant leadership – Luke 22:24 – 27; John 13:4 - 5</li> <li>Session 4: <b>Hungry for God</b> – A man throws a big dinner party – Luke 14:16-24; Matthew 5:6</li> <li>Session 5: <b>Have Mercy!</b> A forgiven servant won't forgive – Matthew 18:21 – 35; Matthew 5:7</li> <li>Session 6: <b>A Clean Heart</b> -Jesus explains what "unclean" means – Mark 7:1 – 23; Matthew 5:8</li> <li>Session 7: <b>Peacemakers</b> – Barnabas brings Saul into fellowship – Acts 9:19 – 21, 26 – 28; Matthew 5:9</li> <li>Session 8: <b>No Pain, No Gain</b> – Elijah and John the Baptist suffer for their faith – 1 Kings 17 – 19; 2Kings 1 – 2; Mark 1:1 – 14, 6:17 – 29; Matthew 5:10</li> <li>Session 9: <b>Stand Up For Jesus</b> – Jesus is ridiculed – Matthew 27:27 – 44; Matthew 5:11</li> <li>Session 10: <b>Gold Medal Winners</b> – Three workers are put in charge – Matthew 25:14 – 29; Matthew 5:12</li> <li>Closing: <b>Getting Fit</b> – Running Jesus' race – 1 Corinthians 9:24 – 27</li> </ul> | <ul style="list-style-type: none"> <li>Opening: <b>Two Ways to Live</b> – Eli's Son and Samuel – 1 Samuel 2, 3, 7; Galatians 5:16 - 21</li> <li>Session 1: <b>Fruit Bearers</b> – A tree is known by its fruit – Matthew 7:16 – 20; Galatians 5:22 - 23</li> <li>Session 2: <b>Good For You</b> – Saul looks for his father's donkeys – 1 Samuel 9 – 10; Galatians 5:22</li> <li>Session 3: <b>Just Wait</b> – Saul doesn't wait for Samuel – 1 Samuel 13:2 – 14; Galatians 5:22</li> <li>Session 4: <b>Friends to the End</b> – David and Jonathon's loyal friendship – 1 Samuel 18 – 20; Galatians 5:22</li> <li>Session 5: <b>Easy Now</b> – David refuses a sacrificial gift; Saul kills those who have helped David – 2 Samuel 23:13 – 17; 1 Samuel 22; Galatians 5:23</li> <li>Session 6: <b>Go In Peace</b> – David spares Saul's Life – 1 Samuel 24; Galatians 5:22</li> <li>Session 7: <b>All Kinds of Kindness</b> – David shares goods with soldiers who stayed behind – 1 Samuel 30:1 – 25; Galatians 5:22</li> <li>Session 8: <b>Love and Forgive</b> – David mourns Saul and Jonathon – 2 Samuel 1; Galatians 5:22</li> <li>Session 9: <b>Jump for Joy!</b> – David brings the Ark to Jerusalem – 2 Samuel 6; Galatians 5:22</li> <li>Session 10: <b>Control Yourself!</b> – David takes Bathsheba and has killed Uriah – 2 Samuel 11-12; Psalm 51:1 – 12; Galatians 5:23</li> <li>Closing: <b>Living Jesus' Way</b> – Living in Jesus and bearing fruit – John 15:1 – 8; Psalm 1:1 – 3; Galatians 5:22 - 23</li> </ul> |
| Field Trip Ideas | Beach, dairy farm, honey farm, Museum with Egypt or slavery exhibit, fruit picking, nursing home or hospital visit to hand out gifts, movie, hike, wildlife reserve/park, swimming, campfire.  | Television studio, Optometrist's office, Hospital, Doctor's office, bakery, radiology dept of hospital, Diagnostics lab of hospital, Fire Station, Drug Store/Supermarket to have blood pressure taken, Ear Specialist/Hearing tested   | Farmers market, supermarket, pediatric ward of the hospital or a day care center  |
| Guest Speakers:  |  | Community role model, person with a dramatic conversion story, TV celebrity, Optometrist, Cardiologist/Nurse, Janitor/Housekeeper, Volunteer that serves the needy/suffering in the community, Baker, nutritionist, health care professional, Fire-fighter, otolaryngologist (hearing specialist)   | Butcher, physical therapist or nurse from a nursing home, two old friends – to be interviewed by the children, person with a dramatic conversion story, a recovering drug addict or alcoholic to demonstrate consequences.  |
| Theme Song/s:    | "Journey to the Promised Land" – theme song<br># 4 "Go Right"<br># 7 "Do What We Do in Love"   | # 3 "Help Me"<br># 13 "The Power of Love"<br># 4 "Go Right"   | "Fruit of the Spirit" – theme song<br>"I Have Decided to Follow Jesus"<br># 4 Go Right<br># 21 "No Matter What"   |
| Video:           | "Abraham and Isaac", "Samuel, the Boy Prophet" – <i>Animated Stories From the Bible</i><br>"Jesus, the Son of God" – <i>Animated Stories from the New Testament</i><br>Available from NEST Entertainment<br>Ph: 1800 488 9600 or www.nestfamily.com  | "He is Risen", "The Greatest is the Least", "Sign of the Times" "Forgive Us Our Debts"<br>"Saul of Tarsus"– <i>Animated Stories from the New Testament</i><br>"Elijah" – Chapter 3, "Elisha" –Chapter 2 - - <i>Animated Stories From the Bible</i>  |   |
| Drama Options:   | Yes –<br>Motions, group and individual interaction in bible stories, rap   | Yes –<br>Skits, Court room trial, Play-script of Bible story, puppet presentation, interviews ,   | Yes –<br>Skit, interviews, group and individual interaction in bible stories, Game show, play – script of the bible story, role-play  |
| Craft Ideas:     | Sand art, footprint art, keep sake box, baking, poster with the names of God, nature artwork, collage of things God made during creation, finger/sock puppets, friendship bracelets, frames, prayer box  | Super-hero dolls, trophies/medals, sock or paper bag puppets, footprint pictures, decorate a door, good fuel collage, self portraits, soap sculptures, finger painting, thermometers, cross collage, percussion instruments   | Torn paper pictures, clay fruit trees, paper doll strings, water color paintings, collage, bouquet of flowers, face painting, making musical instruments, "Just Say No" posters, tree mural, clay fruits  |
| Service Project: | Yes –<br>• Visitation at a nursing home to 'show love' and to give gifts   | Yes –<br>• Banquet  | Yes –<br>• Fruit baskets for elderly or homebound<br>• Hand out apples and water at a sporting event, hospital waiting room or community event, collect food for food pantry and deliver food baskets   |